

To Copenhagen Stock Exchange

Announcement No. 31 / 2004

29 november 2004

Current statement of shareholdings

This is to notify you of changes in the shareholdings of the company's insiders pursuant to the Danish Securities Trading Act.

Securities Code	Trade Date	Holding Number	Market Value	Total Holding Number	Total Market Value
DK0010221803	25.11.2004	-2,500	186,250.00	7,105,079	555,546,112.00
DK0010221803	26.11.2004	-11,800	928,900.00	7,105,079	555,546,112.00

IC Companys A/S

Henrik Theilbjørn
CEO
Phone +45 32 66 77 88

The above announcement is a translation from the Danish language of announcement number 31/2004 to the Copenhagen Stock Exchange. In the event of any discrepancy between the Danish and English version, the Danish shall prevail.